



Toledo- Downtown, 413 Madison Ave 43604, Toledo, OH 43604

Mon-Fri: 7:00am - 7:00pm | (419) 720-9394

## SANDWICHES

<p><b>Pastrami</b> Hand-sliced premium pastrami with melted Swiss cheese, pickles and Potbelly mustard on multigrain</p> <table border="1"> <tr><td>Originals</td><td>140 Cal</td><td><b>\$6.60</b></td></tr> <tr><td>FLATS</td><td>330 Cal</td><td><b>\$6.80</b></td></tr> <tr><td>BIGS</td><td>170 Cal</td><td><b>\$7.90</b></td></tr> </table>	Originals	140 Cal	<b>\$6.60</b>	FLATS	330 Cal	<b>\$6.80</b>	BIGS	170 Cal	<b>\$7.90</b>	<p><b>Turkey Club</b> All-natural, hand-pulled, slow-roasted turkey with Nueske's bacon and cheddar cheese topped with fresh lettuce, tomato and mayo on multigrain</p> <table border="1"> <tr><td>Originals</td><td>270 Cal</td><td><b>\$7.20</b></td></tr> <tr><td>FLATS</td><td>460 Cal</td><td><b>\$7.40</b></td></tr> <tr><td>BIGS</td><td>370 Cal</td><td><b>\$8.50</b></td></tr> </table>	Originals	270 Cal	<b>\$7.20</b>	FLATS	460 Cal	<b>\$7.40</b>	BIGS	370 Cal	<b>\$8.50</b>	<p><b>Grilled Chicken &amp; Cheddar</b> All-natural chicken breast hand-sliced with melted cheddar cheese topped with fresh lettuce, tomato and mayo on multigrain</p> <table border="1"> <tr><td>Originals</td><td>130 Cal</td><td><b>\$5.75</b></td></tr> <tr><td>FLATS</td><td>290 Cal</td><td><b>\$5.95</b></td></tr> <tr><td>BIGS</td><td>180 Cal</td><td><b>\$7.05</b></td></tr> </table>	Originals	130 Cal	<b>\$5.75</b>	FLATS	290 Cal	<b>\$5.95</b>	BIGS	180 Cal	<b>\$7.05</b>
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<p><b>A Wreck®</b> Our signature sandwich! Salami, Angus roast beef, oven roasted turkey, hickory smoked ham with melted Swiss cheese topped with fresh lettuce, tomato and mayo on multigrain</p> <table border="1"> <tr><td>Originals</td><td>180 Cal</td><td><b>\$5.50</b></td></tr> <tr><td>FLATS</td><td>370 Cal</td><td><b>\$5.70</b></td></tr> <tr><td>BIGS</td><td>240 Cal</td><td><b>\$6.80</b></td></tr> </table>	Originals	180 Cal	<b>\$5.50</b>	FLATS	370 Cal	<b>\$5.70</b>	BIGS	240 Cal	<b>\$6.80</b>	<p><b>Turkey Breast</b> Hand-sliced turkey breast with melted Swiss cheese topped with fresh lettuce, tomato and mayo on multigrain</p> <table border="1"> <tr><td>Originals</td><td>90 Cal</td><td><b>\$5.10</b></td></tr> <tr><td>FLATS</td><td>280 Cal</td><td><b>\$5.30</b></td></tr> <tr><td>BIGS</td><td>110 Cal</td><td><b>\$6.40</b></td></tr> </table>	Originals	90 Cal	<b>\$5.10</b>	FLATS	280 Cal	<b>\$5.30</b>	BIGS	110 Cal	<b>\$6.40</b>	<p><b>Italian</b> Featuring our four authentic Italian meats: capicola, mortadella, pepperoni and salami with provolone cheese topped with fresh lettuce, tomato, mayo and Italian seasoning on multigrain</p> <table border="1"> <tr><td>Originals</td><td>300 Cal</td><td><b>\$5.50</b></td></tr> <tr><td>FLATS</td><td>490 Cal</td><td><b>\$5.70</b></td></tr> <tr><td>BIGS</td><td>400 Cal</td><td><b>\$6.80</b></td></tr> </table>	Originals	300 Cal	<b>\$5.50</b>	FLATS	490 Cal	<b>\$5.70</b>	BIGS	400 Cal	<b>\$6.80</b>
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<p><b>Mediterranean</b> Zippy hummus, feta cheese, artichoke hearts, crisp cucumbers and roasted red peppers on multigrain</p> <table border="1"> <tr><td>Originals</td><td></td><td><b>\$5.55</b></td></tr> <tr><td>FLATS</td><td>190 Cal</td><td><b>\$5.75</b></td></tr> <tr><td>BIGS</td><td></td><td><b>\$6.85</b></td></tr> </table>	Originals		<b>\$5.55</b>	FLATS	190 Cal	<b>\$5.75</b>	BIGS		<b>\$6.85</b>	<p><b>Mediterranean Chicken</b> All-natural chicken breast with zippy hummus, feta cheese, artichoke hearts, crisp cucumbers and roasted red peppers on multigrain</p> <table border="1"> <tr><td>Originals</td><td>90 Cal</td><td><b>\$6.55</b></td></tr> <tr><td>FLATS</td><td>260 Cal</td><td><b>\$6.75</b></td></tr> <tr><td>BIGS</td><td>130 Cal</td><td><b>\$7.85</b></td></tr> </table>	Originals	90 Cal	<b>\$6.55</b>	FLATS	260 Cal	<b>\$6.75</b>	BIGS	130 Cal	<b>\$7.85</b>	<p><b>PB &amp; J</b> Creamy peanut butter and grape jelly on multigrain</p> <table border="1"> <tr><td>Originals</td><td>770 Cal</td><td><b>\$5.10</b></td></tr> <tr><td>FLATS</td><td>960 Cal</td><td><b>\$5.30</b></td></tr> <tr><td>BIGS</td><td>1160 Cal</td><td><b>\$6.40</b></td></tr> </table>	Originals	770 Cal	<b>\$5.10</b>	FLATS	960 Cal	<b>\$5.30</b>	BIGS	1160 Cal	<b>\$6.40</b>
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<p><b>Smoked Ham</b> Hand-sliced hickory smoked ham with Swiss cheese topped with fresh lettuce, tomato and mayo on multigrain</p> <table border="1"> <tr><td>Originals</td><td>140 Cal</td><td><b>\$5.10</b></td></tr> <tr><td>FLATS</td><td>330 Cal</td><td><b>\$5.30</b></td></tr> <tr><td>BIGS</td><td>180 Cal</td><td><b>\$6.40</b></td></tr> </table>	Originals	140 Cal	<b>\$5.10</b>	FLATS	330 Cal	<b>\$5.30</b>	BIGS	180 Cal	<b>\$6.40</b>	<p><b>Roast Beef</b> Thin-sliced Angus roast beef with provolone cheese topped with fresh lettuce, tomato and mayo on multigrain</p> <table border="1"> <tr><td>Originals</td><td>160 Cal</td><td><b>\$5.10</b></td></tr> <tr><td>FLATS</td><td>350 Cal</td><td><b>\$5.30</b></td></tr> <tr><td>BIGS</td><td>200 Cal</td><td><b>\$6.40</b></td></tr> </table>	Originals	160 Cal	<b>\$5.10</b>	FLATS	350 Cal	<b>\$5.30</b>	BIGS	200 Cal	<b>\$6.40</b>	<p><b>Chicken Salad</b> Freshly made chicken salad with just the right amount of celery, mayo and pepper topped with melted provolone cheese, fresh lettuce and tomato on multigrain</p> <table border="1"> <tr><td>Originals</td><td>240 Cal</td><td><b>\$5.10</b></td></tr> <tr><td>FLATS</td><td>430 Cal</td><td><b>\$5.30</b></td></tr> <tr><td>BIGS</td><td>300 Cal</td><td><b>\$6.40</b></td></tr> </table>	Originals	240 Cal	<b>\$5.10</b>	FLATS	430 Cal	<b>\$5.30</b>	BIGS	300 Cal	<b>\$6.40</b>
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<p><b>Tuna Salad</b> 100% Albacore tuna with Swiss cheese topped with fresh lettuce and tomato on multigrain</p> <table border="1"> <tr><td>Originals</td><td>170 Cal</td><td><b>\$5.10</b></td></tr> <tr><td>FLATS</td><td>360 Cal</td><td><b>\$5.30</b></td></tr> <tr><td>BIGS</td><td>220 Cal</td><td><b>\$6.40</b></td></tr> </table>	Originals	170 Cal	<b>\$5.10</b>	FLATS	360 Cal	<b>\$5.30</b>	BIGS	220 Cal	<b>\$6.40</b>	<p><b>Meatball</b> Meatballs with just the right amount of marinara sauce and melted provolone cheese on multigrain</p> <table border="1"> <tr><td>Originals</td><td>310 Cal</td><td><b>\$5.10</b></td></tr> <tr><td>FLATS</td><td>500 Cal</td><td><b>\$5.30</b></td></tr> <tr><td>BIGS</td><td>380 Cal</td><td><b>\$6.40</b></td></tr> </table>	Originals	310 Cal	<b>\$5.10</b>	FLATS	500 Cal	<b>\$5.30</b>	BIGS	380 Cal	<b>\$6.40</b>	<p><b>Pizza Sandwich</b> Pizza the Potbelly Way! Pepperoni, meatball, capicola, marinara sauce, melted provolone cheese, mushrooms and Italian seasoning on multigrain</p> <table border="1"> <tr><td>Originals</td><td>180 Cal</td><td><b>\$5.50</b></td></tr> <tr><td>FLATS</td><td>370 Cal</td><td><b>\$5.70</b></td></tr> <tr><td>BIGS</td><td>290 Cal</td><td><b>\$6.80</b></td></tr> </table>	Originals	180 Cal	<b>\$5.50</b>	FLATS	370 Cal	<b>\$5.70</b>	BIGS	290 Cal	<b>\$6.80</b>
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<p><b>Clubby</b> Hand-sliced turkey breast, hickory smoked ham and Nueske's bacon topped with melted provolone cheese, fresh lettuce, tomato and buttermilk ranch dressing on multigrain</p> <table border="1"> <tr><td>Originals</td><td>250 Cal</td><td><b>\$6.00</b></td></tr> <tr><td>FLATS</td><td>440 Cal</td><td><b>\$6.20</b></td></tr> <tr><td>BIGS</td><td>350 Cal</td><td><b>\$7.30</b></td></tr> </table>	Originals	250 Cal	<b>\$6.00</b>	FLATS	440 Cal	<b>\$6.20</b>	BIGS	350 Cal	<b>\$7.30</b>	<p><b>Grilled Cheese</b> Cheddar melted to perfection on multigrain</p> <table border="1"> <tr><td>Originals</td><td></td><td><b>\$5.10</b></td></tr> <tr><td>FLATS</td><td>190 Cal</td><td><b>\$5.30</b></td></tr> <tr><td>BIGS</td><td></td><td><b>\$6.40</b></td></tr> </table>	Originals		<b>\$5.10</b>	FLATS	190 Cal	<b>\$5.30</b>	BIGS		<b>\$6.40</b>	<p><b>Vegetarian</b> Cheddar, provolone, swiss and mushrooms with mayo, lettuce and tomatoes on multigrain</p> <table border="1"> <tr><td>Originals</td><td></td><td><b>\$5.10</b></td></tr> <tr><td>FLATS</td><td>190 Cal</td><td><b>\$5.30</b></td></tr> <tr><td>BIGS</td><td></td><td><b>\$6.40</b></td></tr> </table>	Originals		<b>\$5.10</b>	FLATS	190 Cal	<b>\$5.30</b>	BIGS		<b>\$6.40</b>
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## SKINNY'S

<p><b>Mushroom Melt</b> Mushrooms with melted Swiss, provolone and cheddar cheese topped with fresh lettuce and tomato on multigrain. 1/3 less meat and cheese than an original sandwich.</p> <table border="1"> <tr><td>Mushroom Melt</td><td></td><td><b>\$4.20</b></td></tr> <tr><td>Mushroom Melt on FLATS</td><td>190 Cal</td><td><b>\$4.40</b></td></tr> </table>	Mushroom Melt		<b>\$4.20</b>	Mushroom Melt on FLATS	190 Cal	<b>\$4.40</b>	<p><b>T-K-Y</b> Hand-sliced turkey breast with melted Swiss cheese topped with fresh lettuce and tomato on multigrain. 1/3 less meat and cheese than an original sandwich.</p> <table border="1"> <tr><td>TKY</td><td>250 Cal</td><td><b>\$4.20</b></td></tr> <tr><td>TKY on FLATS</td><td>250 Cal</td><td><b>\$4.40</b></td></tr> </table>	TKY	250 Cal	<b>\$4.20</b>	TKY on FLATS	250 Cal	<b>\$4.40</b>	<p><b>Hammie</b> Hickory smoked ham with melted Swiss cheese topped with fresh lettuce and tomato. 1/3 less meat and cheese than an original sandwich.</p> <table border="1"> <tr><td>Hammie</td><td>280 Cal</td><td><b>\$4.20</b></td></tr> <tr><td>Hammie on FLATS</td><td>280 Cal</td><td><b>\$4.40</b></td></tr> </table>	Hammie	280 Cal	<b>\$4.20</b>	Hammie on FLATS	280 Cal	<b>\$4.40</b>																																				
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<p><b>Skinny Pair with Mac &amp; Cheese</b> Choose any Skinny sandwich with a side of Mac &amp; Cheese</p> <table border="1"> <tr><td>TKY</td><td>250 Cal</td><td><b>\$4.20</b></td></tr> <tr><td>Hammie</td><td>280 Cal</td><td><b>\$4.20</b></td></tr> <tr><td>Mushroom Melt</td><td></td><td><b>\$4.20</b></td></tr> <tr><td>TKY on FLATS</td><td>250 Cal</td><td><b>\$4.40</b></td></tr> <tr><td>Hammie on FLATS</td><td>280 Cal</td><td><b>\$4.40</b></td></tr> <tr><td>Mushroom Melt on FLATS</td><td>190 Cal</td><td><b>\$4.40</b></td></tr> </table>	TKY	250 Cal	<b>\$4.20</b>	Hammie	280 Cal	<b>\$4.20</b>	Mushroom Melt		<b>\$4.20</b>	TKY on FLATS	250 Cal	<b>\$4.40</b>	Hammie on FLATS	280 Cal	<b>\$4.40</b>	Mushroom Melt on FLATS	190 Cal	<b>\$4.40</b>	<p><b>Skinny Pair with Chili</b> Choose any Skinny sandwich with a side of Chili</p> <table border="1"> <tr><td>TKY</td><td>250 Cal</td><td><b>\$7.00</b></td></tr> <tr><td>Hammie</td><td>280 Cal</td><td><b>\$7.00</b></td></tr> <tr><td>Mushroom Melt</td><td></td><td><b>\$7.00</b></td></tr> <tr><td>TKY on FLATS</td><td>250 Cal</td><td><b>\$7.20</b></td></tr> <tr><td>Hammie on FLATS</td><td>280 Cal</td><td><b>\$7.20</b></td></tr> <tr><td>Mushroom Melt on FLATS</td><td>190 Cal</td><td><b>\$7.20</b></td></tr> </table>	TKY	250 Cal	<b>\$7.00</b>	Hammie	280 Cal	<b>\$7.00</b>	Mushroom Melt		<b>\$7.00</b>	TKY on FLATS	250 Cal	<b>\$7.20</b>	Hammie on FLATS	280 Cal	<b>\$7.20</b>	Mushroom Melt on FLATS	190 Cal	<b>\$7.20</b>	<p><b>Skinny Pair with Broccoli Cheddar Soup</b> Choose any Skinny sandwich with a side of Broccoli Cheddar soup</p> <table border="1"> <tr><td>TKY</td><td>250 Cal</td><td><b>\$6.80</b></td></tr> <tr><td>Hammie</td><td>280 Cal</td><td><b>\$6.80</b></td></tr> <tr><td>Mushroom Melt</td><td></td><td><b>\$6.80</b></td></tr> <tr><td>TKY on FLATS</td><td>250 Cal</td><td><b>\$7.00</b></td></tr> <tr><td>Hammie on FLATS</td><td>280 Cal</td><td><b>\$7.00</b></td></tr> <tr><td>Mushroom Melt on FLATS</td><td>190 Cal</td><td><b>\$7.00</b></td></tr> </table>	TKY	250 Cal	<b>\$6.80</b>	Hammie	280 Cal	<b>\$6.80</b>	Mushroom Melt		<b>\$6.80</b>	TKY on FLATS	250 Cal	<b>\$7.00</b>	Hammie on FLATS	280 Cal	<b>\$7.00</b>	Mushroom Melt on FLATS	190 Cal	<b>\$7.00</b>
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<b>Skinny Pair with Homestyle Chicken Noodle Soup</b>			<b>Skinny Pair with Loaded Baked Potato Soup</b>		
Choose any Skinny sandwich with a side of Homestyle Chicken Noodle soup			Choose any Skinny sandwich with a side of Loaded Baked Potato soup		
TKY	250 Cal	<b>\$6.80</b>	TKY	250 Cal	<b>\$6.80</b>
Hammie	280 Cal	<b>\$6.80</b>	Hammie	280 Cal	<b>\$6.80</b>
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## SALADS

<b>Powerhouse</b> All-natural grilled chicken breast, fresh avocado, zippy hummus, hard-boiled egg, crisp cucumber and grape tomatoes on a bed of fresh spinach <b>\$8.85</b>	<b>Mediterranean</b> All-natural grilled chicken breast, artichoke hearts, chickpeas, roasted red peppers, crisp cucumbers, diced red onion, tomatoes, crumbled feta cheese and Italian seasoning on a bed of fresh romaine, iceberg and spinach <b>\$7.55</b>	<b>Uptown</b> All-natural grilled chicken breast, crumbled blue cheese, red grapes, apples, dried cranberries, candied walnuts and diced red onion on a bed of fresh romaine, iceberg and spinach <b>\$7.55</b>	<b>Farmhouse</b> All-natural grilled chicken breast, hard-boiled egg, bacon, crumbled blue cheese, grape tomatoes, crisp cucumbers and diced red onion on a bed of fresh romaine, iceberg and spinach <b>\$7.55</b>	<b>Chicken Salad Salad</b> Freshly made chicken salad, provolone cheese, dried cranberries, crisp cucumbers and grape tomatoes on a bed of fresh romaine, iceberg and spinach 260 Cal <b>\$7.00</b>
<b>A Wreck © Salad</b> Hand-sliced turkey breast, hickory smoked ham, salami, Angus roast beef, Swiss and crumbled blue cheese, hard-boiled egg, crisp cucumbers and grape tomatoes on a bed of fresh romaine, iceberg and spinach 210 Cal <b>\$7.00</b>				

## MAC & SOUPS

<b>Craft Your Own Mac &amp; Cheese</b> Creamy, three-cheese mac and cheese with your choice of 2 premium toppings including bacon, chili, Potbelly hot peppers, mushrooms or roasted red peppers <b>\$6.15</b>	<b>Chili</b> Hearty beef chili with kidney beans, bell peppers and onions <b>\$3.60</b>	<b>Broccoli Cheddar</b> Creamy cheese soup with tender pieces of broccoli and carrots (Available Every Day) <b>\$3.30</b>	<b>Chicken Enchilada</b> All-natural chicken breast, sweet corn and tangy peppers in a slightly spicy broth (Available Monday & Sunday) <b>\$3.30</b>	<b>Homestyle Chicken Noodle</b> Rich, home-style chicken noodle soup with slow cooked carrots, onions and celery (Available Friday & Saturday) <b>\$3.30</b>
<b>Classic Tomato</b> Rich, classic tomato soup with basil (Available Wednesday, Thursday, Friday & Saturday) <b>\$3.30</b>	<b>Garden Vegetable</b> Beans, carrots, celery, corn, mushrooms, onions, peppers, potatoes and zucchini in a light tomato broth (Available Monday, Tuesday & Sunday) <b>\$3.30</b>	<b>Loaded Baked Potato</b> Hearty potato soup with bacon, cheddar cheese and green onion (Available Tuesday, Wednesday & Thursday) <b>\$3.30</b>		

## SIDES & CHIPS

<b>Coleslaw</b> 230 Cal <b>\$1.70</b>	<b>Potato Salad</b> 330 Cal <b>\$1.70</b>	<b>Macaroni Salad</b> 450 Cal <b>\$1.70</b>	<b>Potbelly Whole Pickle</b> 25 Cal <b>\$1.00</b>	<b>Sun Chips Garden Salsa</b> 210 Cal <b>\$1.20</b>
<b>Zapp's Hot Peppers Chips</b> 220 Cal <b>\$1.20</b>	<b>Zapp's Regular Chips</b> 220 Cal <b>\$1.20</b>	<b>Zapp's Mesquite Bar-B-Que Chips</b> 220 Cal <b>\$1.20</b>	<b>Zapp's Salt &amp; Vinegar Chips</b> 220 Cal <b>\$1.20</b>	<b>Zapp's Hotter 'N Hot Jalapeno Chips</b> 220 Cal <b>\$1.20</b>
<b>Zapp's VooDoo Heat Chips</b> 220 Cal <b>\$1.20</b>	<b>Baked Lay's</b> 140 Cal <b>\$1.20</b>	<b>Baked Ruffles Cheddar &amp; Sour Cream Chips</b> 130 Cal <b>\$1.20</b>	<b>Baked Cheetos</b> 200 Cal <b>\$1.20</b>	

## DESSERTS

<b>Oatmeal Chocolate Chip Cookie</b> A Potbelly favorite! Freshly baked oatmeal chocolate chip cookie 420 Cal <b>\$1.30</b>	<b>Sugar Cookie</b> Freshly baked sugar cookie 530 Cal <b>\$1.30</b>	<b>Chocolate Brownie Cookie</b> Freshly baked chocolate brownie cookie 420 Cal <b>\$1.30</b>	<b>Dream Bar</b> Rich, chocolatey oatmeal bar with sweet caramel 440 Cal <b>\$1.55</b>	<b>Bag of Mini Cookies</b> Dozen mini oatmeal chocolate chip cookies 1150 Cal <b>\$3.95</b>
<b>Ice Cream Sandwich</b> Hand scooped vanilla ice cream, sandwiched between two freshly baked oatmeal chocolate chip cookies 1080 Cal <b>\$2.85</b>				

## SHAKES & SMOOTHIES

<b>Vanilla Shake</b>	<b>Chocolate Shake</b>	<b>Coffee Shake</b>	<b>Oreo Shake</b>	<b>Banana Shake</b>
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Hand-dipped vanilla milkshake 680 Cal <b>\$3.00</b>	Hand-dipped chocolate milkshake 750 Cal <b>\$3.00</b>	Hand-dipped coffee milkshake 720 Cal <b>\$3.00</b>	Hand-dipped oreo milkshake 750 Cal <b>\$3.00</b>	Hand-dipped banana milkshake 690 Cal <b>\$3.30</b>
<b>Mixed Berry Shake</b> Hand-dipped mixed berry milkshake 660 Cal <b>\$3.30</b>	<b>Strawberry Shake</b> Hand-dipped strawberry milkshake 690 Cal <b>\$3.30</b>	<b>Vanilla Smoothie</b> Vanilla smoothie with low-fat frozen yogurt 480 Cal <b>\$3.00</b>	<b>Chocolate Smoothie</b> Chocolate smoothie with low-fat frozen yogurt 560 Cal <b>\$3.00</b>	<b>Coffee Smoothie</b> Coffee smoothie with low-fat frozen yogurt 530 Cal <b>\$3.00</b>
<b>Oreo Smoothie</b> Oreo smoothie with low-fat frozen yogurt 690 Cal <b>\$3.00</b>	<b>Banana Smoothie</b> Low-fat frozen yogurt with real bananas 490 Cal <b>\$3.30</b>	<b>Mixed Berry Smoothie</b> Low-fat frozen yogurt with real mixed berries 460 Cal <b>\$3.30</b>	<b>Strawberry Smoothie</b> Low-fat frozen yogurt with real strawberries 500 Cal <b>\$3.30</b>	

## BEVERAGES

<b>Coke</b> 20 oz. Bottle 240 Cal <b>\$2.05</b>	<b>Diet Coke</b> 20 oz. Bottle <b>\$2.05</b>	<b>Coke Zero Sugar</b> 20 oz. Bottle <b>\$2.05</b>	<b>Bottled Water</b> <b>\$1.80</b>	<b>Arizona Tea</b> 16 oz. Bottle 230 Cal <b>\$2.05</b>
<b>Crush</b> 12 oz. Bottle 170 Cal <b>\$1.80</b>	<b>Snapple</b> 16 oz. Bottle 10 Cal <b>\$2.20</b>	<b>IBC Root Beer</b> 12 oz. Bottle 160 Cal <b>\$2.05</b>	<b>IBC Cream Soda</b> 12 oz. Bottle 180 Cal <b>\$2.05</b>	<b>Nantucket Nectars Lemonade</b> 16 oz. Bottle 110 Cal <b>\$2.30</b>
<b>San Pellegrino</b> 16.9 oz. Bottle <b>\$2.30</b>		<b>San Pellegrino Blood Orange</b> 11.5 oz. Can 140 Cal <b>\$2.05</b>		

## BREAKFAST

<b>Mediterranean Square</b> Egg, spinach, roasted red peppers and feta cheese on a ciabatta square 140 Cal <b>\$3.10</b>	<b>Blueberry Maple Square</b> Egg, sausage and melted cheddar on a blueberry maple square 330 Cal <b>\$3.10</b>	<b>Breakfast Mediterranean</b> Egg, spinach, roasted red peppers and feta cheese on multigrain <b>\$3.95</b>	<b>Sausage, Egg &amp; Cheddar</b> Egg, sausage and melted cheddar on multigrain <b>\$3.95</b>	<b>Bacon, Egg &amp; Cheddar</b> Egg, Nueske's bacon and melted cheddar on multigrain <b>\$3.95</b>
<b>Egg &amp; Cheddar</b> Egg and melted cheddar on multigrain <b>\$3.65</b>	<b>Ham, Mushroom, Egg &amp; Swiss</b> Egg, hickory smoked ham, mushrooms and melted Swiss on multigrain <b>\$3.95</b>	<b>Craft Your Own Steel Cut Oatmeal</b> Hearty, steel cut oatmeal served with brown sugar and your pick of any 2 toppings <b>\$2.80</b>	<b>Coffee</b> Premium blend medium roast coffee. <b>\$1.95</b>	