

Breakfast:

- Steel Cut Oats 3.25
/ Choose 2: walnuts, pecans, coconut, raisins, blueberries & craisins, chocolate chips, or dried mango. With brown sugar or real maple syrup.
- Bagels 3
/ Plain or everything bagel with cream cheese or peanut butter.
- Breakfast Wrap 4
/ Scrambled eggs, havarti cheese, red pepper, and spinach. Panini style grilled on a flour tortilla.

*Oats served until 11am. Everything else until 3pm.



420 Madison Ave, Toledo OH

Open Mon-Fri 7am-8pm

Hours and menu are subject to change, new menu items coming soon

Lunch:

- Chicken Pesto Panini 6.5
/ Diced chicken breast, pesto sauce, mozzarella & parmesan cheese, tomato, spinach, and balsamic vinegar glaze on sourdough.
- Grilled Cheese Panini 6.5
/ Cheddar and muenster cheese, tomato, fresh basil, green onion, and herb cream cheese on sourdough.
- Turkey Wrap 7.5
/ Roasted turkey breast, muenster cheese, herb cream cheese, and green onion. Panini-style grilled on a spinach tortilla with cranberry sauce on the side.
- Garden Vegetable Wrap 7.5
/ Spinach, carrots, red pepper, walnuts, havarti cheese, herb cream cheese, and green onion. Panini-style grilled on a spinach tortilla.
- Soup of the day Cup: 3 Bowl: 6
- Chips 1
- Edamame-Kale Salad Cup: 3 Bowl: 6
/ Shelled edamame, kale, purple cabbage, green onion, sweet corn, carrots, red pepper, and fresh basil with an olive oil red wine vinaigrette topped with pecan pieces.

*Served until 3pm.

Espresso:

⇒ Espresso	2.5
⇒ Single Origin Espresso	3
⇒ Macchiato	3
○ <i>Small strong drink with equal parts milk and espresso</i>	
⇒ Cappuccino	3.25
○ <i>Espresso with 4oz of milk</i>	
⇒ Latté	3.75
○ <i>Espresso with 10oz of milk</i>	
○ <i>Also great iced</i>	
⇒ Flavored Latté	4.5
○ Mocha	
○ Vanilla	
○ Brown Sugar	
○ Con Miel	
○ Honey Ginger	
⇒ Affogato	3.75
○ <i>Espresso over ice cream</i>	
⇒ Any drink with soy, or almond milk	+0.5

Drip Coffee:

⇒ Coffee of the day	2
⇒ Brewed to Order	Market Price
⇒ Nitro Iced Coffee	3.5

Other Beverages:

⇒ Hot Chocolate	3.25
○ Belgian	
○ Mexican	
⇒ Chai	
○ Latté*	3.75
○ Frappé	4.5
⇒ Matcha	
○ Latté*	3.75
○ Frappé	4.5
⇒ Smoothie	4.5
☼ Mango	
☼ Peach-Pear-Apricot	
☼ 4Berry (Strawberry, Blueberry, Blackberry, Raspberry)	
☼ Strawberry	
☼ Tropical Blend (Guava, Passionfruit, Pineapple)	
○ Add Whey Protein	.75
○ Add Soy Protein	.75
○ Add Matcha	1
○ Add Spinach	.5
○ Add Spirulina	1

⇒ Additional menus for brewed to order coffees, loose leaf teas, and alcoholic beverages are available in house and are updated frequently.